



# Involving volunteers at your Help Point

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The role of Playlist for Life Help Points is to share the power of music with their community in whatever ways they can. Do you have volunteers who can help run, promote or support your Help Point? If you'd like an extra pair of hands to provide advice, activities and support to help people living with dementia and their carers make playlists then why not think about involving your existing volunteers or recruiting some new ones.

We have provided below, some guidance on how your volunteers can support Playlist for Life activity at your Help Point and some links to guidance on recruiting and managing new volunteers

## Your Help Point

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**What do you want to achieve at your Help Point?** Answering this question first will help you work out what you want your volunteers to do or what kind of new volunteers you might need. You may want different volunteers for different activities – someone who can provide technology advice/drop-ins may be different to the person delivering a talk or hosting a stall.

Ideas for how your volunteer can help:

- Chat to people visiting your venue about Playlist for Life
- Help organise and run Playlist for Life events or activities
- Advertise and promote your Help Point and activities locally to reach those that could benefit
- Provide advice and support to people living with dementia, families and carers to make a personal playlist
- Run drop-in sessions at your Help Point for people to get advice and support to make a playlist
- Give talks to raise awareness about Playlist for Life
- Deliver training to families and carers
- Connect with local groups and organisations in the community who may benefit
- Help people problem solve IT / Tech issues when making a playlist
- Use one of Playlist for Life's many guides to run activities, provide support or make playlists

## Your volunteer(s)

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You are responsible for recruiting and managing your own volunteers at your Help Point.

If you are new to working with volunteers, then NCVO has lots of fantastic guidance on recruiting and managing volunteers. You can find guidance on their website - <https://www.ncvo.org.uk>

If your volunteers are providing direct support or advice to those living with dementia then you are responsible for completing a relevant disclosure to protect vulnerable groups. You can find information on this here:

England and Wales:

<https://www.gov.uk/government/publications/disclosure-application-process-for-volunteers>

Northern Ireland: <https://www.nidirect.gov.uk/articles/disclosure-and-barring-protecting-children-and-vulnerable-adults>

Scotland: <https://www.volunteerscotland.net/for-organisations/disclosure-services/>

## Playlist for Life resources

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You can give your volunteers access to all the support that Playlist for Life provides for your Help Point.

- You may want them to complete our Help Point e-learning course, coming in Spring 2022
- They can use our resources and 'How To Guides' on running a range of activities in person or online, guides on how to make playlists for people and guides on technology
- You and your volunteers are welcome to join our Help Point Network Facebook Group